

## A DAY OF SORROW/MOURNING [Book of Lamentation]

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HEIGHTS WORSHIP CENTER

Author: Unknown Survivor (2 Kings 24, 25)

Poetry, Prayer, Protest, Process, Perplexities

### † Chapter 1: ABANDONED AMONG THE LIVING

Lamentations 1:20-21 NLT 📌 “ Lord, see my anguish! My heart is broken and my soul despairs, for I have rebelled against you. 📌 In the streets the sword kills, and at home there is only death. “Others heard my groans, but no one turned to comfort me. When my enemies heard about my troubles, they were happy to see what you had done. Oh, bring the day you promised, when they will suffer as I have suffered.”

### † Chapter 2: RESPONDING TO GOD’S WRATH & JUSTICE

Lamentations 2:11-12 NLT “I have cried until the tears no longer come; my heart is broken. 📌 My spirit is poured out in agony as I see the desperate plight of my people. Little children and tiny babies are fainting and dying in the streets. They cry out to their mothers, “We need food and drink!” Their lives ebb away in the streets like the life of a warrior wounded in battle. They gasp for life as they collapse in their mothers’ arms.”

Lamentations 2:18-19 NLT “Cry aloud before the Lord, O walls of beautiful Jerusalem! Let your tears flow like a river day and night. 📌 Give yourselves no rest; give your eyes no relief. Rise during the night and cry out. Pour out your hearts like water to the Lord. Lift up your hands to him in prayer, pleading for your children, for in every street they are faint with hunger.”

### † Chapter 3: JUSTICE BRINGS HOPE

Lamentations 3:21-27 NLT “Yet I 📌 still dare to hope when I remember this: The 📌 faithful love of the Lord never ends! 📌 His mercies never cease. 📌 Great is his faithfulness; 📌 his mercies begin afresh each morning. 📌 I say to myself, “The Lord is my inheritance; therefore, I will hope in him!” The Lord is good to those who depend on him, to those who search for him. So it is good to wait quietly for salvation from the Lord. And it is good for people to submit at an early age to the yoke of his discipline:”

### † Chapter 4: SIEGE AGAINST HUMANITY

Lamentations 4:2-4 NLT “See how the 📌 precious children of Jerusalem, worth their weight in fine gold, are now treated like pots of clay made by a common potter. Even the jackals feed their young, but not my people Israel. They ignore their children’s cries, like ostriches in the desert. The parched tongues of their little ones stick to the roofs of their mouths in thirst. The children cry for bread, but no one has any to give them.”

Lamentations 4:6 NLT “The  guilt of my people is greater than that of Sodom, where utter disaster struck in a moment and no hand offered help.”

Matthew 11:20-24 TPT “Then Jesus began to openly denounce the cities where he had done most of his mighty miracles, because the people failed to turn away from sin and return to God. He said, “How tragic it will be for the city of Korazin! And how horrible for the city of Bethsaida! For if the powerful miracles that I performed in Korazin and Bethsaida had been done in Tyre and Sidon, they would have humbled themselves and repented, and turned from their sins. Tyre and Sidon will be better off on judgment day than you! And Capernaum—do you really think you’ll be exalted because of the great miracles I have done there? No! You’ll be brought down to the depths of hell because of your rejection of me. For if the miracles I worked in your streets were done in Sodom, it would still be standing today! But I tell you, it will be more bearable for the region of Sodom in the day of judgment than it will be for you.”

Lamentations 4:10-11, 13 NLT  “Tenderhearted women have cooked their own children. They have eaten them to survive the siege. But now the anger of the Lord is satisfied. His fierce anger has been poured out. He started a fire in Jerusalem that burned the city to its foundations. . . Yet it happened because of the  sins of her prophets and the sins of her priests, who defiled the city by shedding innocent blood.”

## Chapter 5: RESTORE OUR CALLING

Lamentations 5:14-19, 21 NLT “The  elders no longer sit in the city gates; the  young men no longer dance and sing. Joy has left our hearts; our dancing has turned to mourning. The garlands have fallen from our heads.  Weep for us because we have sinned. Our hearts are sick and weary, and our eyes grow dim with tears. For Jerusalem is empty and desolate, a place haunted by jackals.  But Lord, you remain the same forever!  Your throne continues from generation to generation. . .  Restore us, O Lord, and bring us back to you again!  Give us back the joys we once had!”